

Humber & North Yorkshire SeQuIn Tool Summary- Quarter 2

Meaningful Activity

HNY Summary

- All services submitted meaningful activity data in Q2
- The Humber Centre and Clifton House have also submitted evidence and action plans
- The Humber Centre had 8 amber scores out of a possible 12, raising concern
- In HNY five standards scored 2.6/5 on average, highlighting room for significant improvement for meaningful activity
- There is an opportunity to work as a region on improving experience of meaningful activity and reduction in variation of offer and address potential inequality
- Services will be asked to discuss progress against actions identified in Q4 as a presentation to the HNY Virtual Event to be held in April

Context

The SeQuIn Tool was coproduced with service users, staff and commissioners from the Yorkshire and Humber Region over a 3+ year period. Input was also given by SALT, Widget software, UCLan and a Website Design Company to create an interactive platform that can benchmark data across services and regions. The aim of the Tool is to upkeep old CQUINs and drive quality improvements in services with the service user and staff voice. The Tool has 12 areas each with 10 to 12 standards. The Tool was piloted in 2020 with some disruption from the Covid-19 Pandemic. Each year standards are chosen that help support services to think creatively where solutions are most needed. One standard is chosen per Quarter, the 2022/23 schedule is as follows:

Quarter 1: Involvement (to support systems and processes and involvement strategy in West Yorkshire, drawing on 3 years of data)

Quarter2: Meaningful Activity (to support services moving through covid restrictions to mixing of wards, to ensure activity is contemporary and meaningful)

Quarter 3: Recruitment (to support conversations and dynamic thinking around recruitment and retention of staff in a period of National crisis)

Quarter 4: Progress against actions from Q1, 2 & 3 (a co-produced slide to show quality improvement and share good practice)

Data Collection

The Meaningful Activity standards for completion can be found here: [Meaningful-Activity-Benchmarking-Standards-1.pdf \(yorkshireandhumberinvolvementnetwork.nhs.uk\)](https://www.yorkshireandhumberinvolvementnetwork.nhs.uk/meaningful-activity-benchmarking-standards-1.pdf)

The Meaningful Activity standards were the first to be reviewed by the standards review committee made up of service users and staff who use the tool, to ensure the standards were relevant post-covid and in a friendly format to use to capture data, evidence and action plans. In HNY all services have all supported the committee and contributed to improvements.

Data is captured in a variety of ways from small focus groups, 1:1 paper survey or asking people to score and action plan on tablets. We have encouraged services to collect data in any way that is meaningful and achievable during covid restrictions and staffing pressures, we do acknowledge this is a variable in the data and may have limitations on representation. We are working with services in 2022 to focus on action planning collaboratively and having discussions around quality improvement, as well as capturing the quantitative scores.

Further information on the SeQuIn Tool and its intended implementation can be found here:



SeQuIn Tool
Slides.pdf

2022 Meaningful Activity Data

All HNY services completed the Tool in Quarter 2, and all standards were scored for meaningful activity leading to an average service score as follows:

Overall service scores:

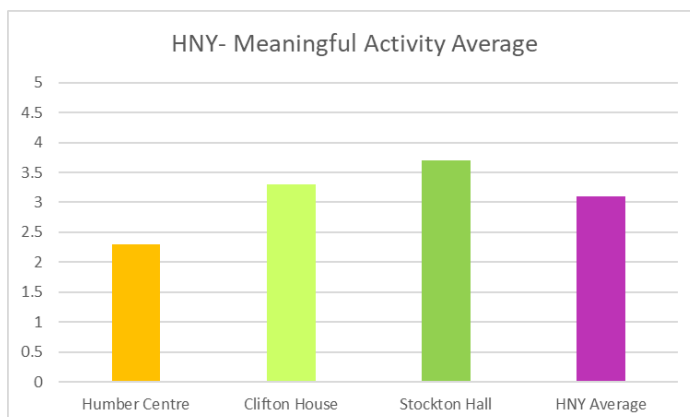
Humber Centre	2.3
Clifton House	3.3
Stockton Hall	3.7
HNY Average	3.1

(Table Q2101)

The Humber centre have scored lowest amongst the HNY services with a below average score of 2.3 out of 5 which has led to an amber rating. This indicates there is a need for improvement. Clifton House and Stockton Hall have both scored green ratings, with Stockton the Highest with 3.7 out of 5.

The HNY average is 0.1 above an amber rating. There are opportunities for shared learning across the region to reduce variation and improve upon ratings.

2022 Meaningful Activity Bar Chart:



(Chart Q2102)

Service scores broken down into standards:

	MEANINGFUL ACTIVITY STANDARDS	Humber Centre	Clifton House	Stockton Hall
1	There are lots of different ward-based activities and resources available for service users to choose from that are pathway stage appropriate (medium/low/rehab)	2	3	3
2	There are a range of modern resources for entertainment that are service user defined and pathway stage appropriate	2	3	3
3	Vocational skills and opportunities to build skills are encouraged and promoted to service users	2	3	4
4	Everyone has an individual meaningful activity plan that has opportunity for social activities, hobbies, and interests	2	3	3
5	There is a good balance between on and off ward activities (where possible)	4	2	4
6	Service users have a variety of opportunities to plan their time	3	4	5
7	Service users have a voice in how activity budgets are spent	2	4	4
8	Service users can do activities with family and friends in the hospital or community	2	4	4
9	Activities and therapy are planned over seven days and not limited to normal working hours	2	3	3
10	There are activities designed and planned around transition to make moving on smoother	3	3	3
11	There are wide variety of technology activities available including online safety	2	4	4
12	There are activities that take place that meet cultural, spiritual, religious and well-being needs	1	3	4
Service Average		2.3	3.3	3.7

(Table Q2103)

Within HNY five standards scored below average with a score of only 2.6 out of 5, these were standards one, two, four, nine and twelve. As a combined region no standards averaged above 3.3. This highlights that meaningful activity should be an area for consideration for quality improvement and that there is a need for increased meaningful service user experience. The scores show that limited activities are on offer, with limited resources available, and they only mainly occur across the Monday to Friday 9-5 working week.

These scores reflect the narrative from service users who are seeking meaningful activity that is tailored and holistic. Access to activity was also raised as an inequality when speaking to service users in 2021 for an ‘advancing equalities’ report with NHSE. A summary of these discussions can be found within this newsletter [YH-Virtual-Network-Meeting-Newsletter-December-2021-Advancing-Equalities.pdf \(yorkshireandhumberinvolvementnetwork.nhs.uk\)](https://yorkshireandhumberinvolvementnetwork.nhs.uk) with a focus on the need for ‘modern’ activities.

The Humber Centre account for the majority of low scores in HNY. 8 out of the 12 standards were rated amber or 2/5 showing there is significant need for improvement. One standard even rated 1/5 or red meaning this does not take place at all, this was standard 12 showing that activities do not meet ‘cultural, spiritual, religious or well-being needs.’ The Humber centre have stated a need to increase OT staffing as part of their action plan as part solution.



Clifton House has an overall average of 3.3/5 showing there is room for improvement around meaningful activity, especially around standard five where more balance could be given to on and off ward activity. Clifton House have scored a 4 and a green rating for standard eleven around technology and have stated a desire to pursue Wi-Fi on ward areas as part of their action plan to further this standard.

Stockton Hall have rated highest of the three HNY services with an overall average of 3.7/5. A full mark score of 5/5 and dark green rating was given to standard six, where service users and staff have agreed that there are plenty of opportunities to plan.

There is a large variation in scores highlighting a large variation in opportunities for activity leading to recovery and experience of care overall. There is an opportunity to work as a region to share what is working well and problem solve together the lower scoring standards and reduce said variation.

Provider Collaborative Meaningful Activity Overall Average:

WEST AVG	3.6
HUMBER AVG	3.1
SOUTH AVG	4.4
Y&H AVG	3.8

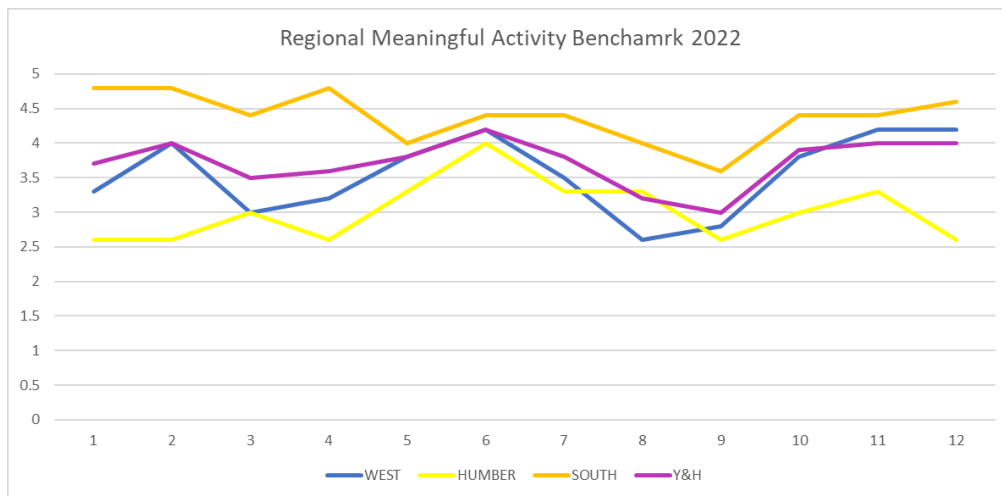
(Table Q2104)

Provider Collaborative scores broken down to standards:

	MEANINGFUL ACTIVITY STANDARDS	WEST	HUMBER	SOUTH	Y&H
1	There are lots of different ward-based activities and resources available for service users to choose from that are pathway stage appropriate (medium/low/rehab)	3.3	2.6	4.8	3.7
2	There are a range of modern resources for entertainment that are service user defined and pathway stage appropriate	4	2.6	4.8	4
3	Vocational skills and opportunities to build skills are encouraged and promoted to service users	3	3	4.4	3.5
4	Everyone has an individual meaningful activity plan that has opportunity for social activities, hobbies, and interests	3.2	2.6	4.8	3.6
5	There is a good balance between on and off ward activities (where possible)	3.8	3.3	4	3.8
6	Service users have a variety of opportunities to plan their time	4.2	4	4.4	4.2
7	Service users have a voice in how activity budgets are spent	3.5	3.3	4.4	3.8
8	Service users can do activities with family and friends in the hospital or community	2.6	3.3	4	3.2
9	Activities and therapy are planned over seven days and not limited to normal working hours	2.8	2.6	3.6	3
10	There are activities designed and planned around transition to make moving on smoother	3.8	3	4.4	3.9
11	There are wide variety of technology activities available including online safety	4.2	3.3	4.4	4
12	There are activities that take place that meet cultural, spiritual, religious and well-being needs	4.2	2.6	4.6	4
	Average	3.6	3.1	4.4	3.8

(Table Q2105)

Regional Meaningful Activity Benchmark 2022:



(Chart Q2106)

HNY are benchmarked against West Yorkshire and South Yorkshire in Chart Q2106. The average Yorkshire and Humber score is also shown for comparison. HNY scored an overall average of 3.1/5, rating lowest in the Yorkshire and Humber Region. Standard 9 was a low scoring standard across all Provider Collaboratives highlighting that activities are not routinely planned across 7 days in any service.

Action Plan

We suggest that each service chooses one or two Meaningful Activity standards to focus on as a quality improvement initiative in that year, again in collaboration with service users.

The services have chosen the following standards to action:

Humber Centre	1 & 3	Secure further OT Staff. More vocational & educational opportunities via education lead.
Stockton Hall	-	No Action Plan Uploaded
Clifton House	8 & 11	Place information of S17 leave options in family room, open shared space again, pursue Wi-Fi access on all ward areas

(Table Q2110)

The Yorkshire and Humber Network will track scoring and actions through individual engagement plans and support improvements to be made.

For Q4 the Provider Collaborative have asked to see a presentation from services showing their progress on actions chosen in Q1, 2 & 3 this will be via a HNY Event in April 2023.



Recommendations/ Observations

- Meaningful activity standards are in need of improvement in HNY
- The Humber Centre is in need of support with meaningful activity. A deeper review of context and improvement planning is recommended.
- There is an opportunity to work as a region on improving experience of meaningful activity and reduction in variation of offer.
- Services are to review progress against actions in Q4 and collaboratively present to the PC and share good practice.

Quarter 3

The 'standards review committee' worked on the Recruitment standards in Q2 to ensure that they were relevant and easy to read. The standards are trialling a free text box to encourage sharing of good practice around staff well-being and retention, as well as standards for involvement with recruitment.

Thank you for your continued support of the SeQuIn Tool. Please get in touch for further information.

Report produced by the Involvement Network- January 2022