

## West Yorkshire SeQuIn Tool Summary- Quarter 2: Meaningful Activity

### West Yorkshire Summary

- All services submitted meaningful activity data in Q2
- All services had a green average RAG rating for meaningful activity
- Waterloo Manor had the highest average score within WY at 4.4 out of 5
- The lowest score of 3.3 was shared by four service areas
- Four services have submitted action plans around meaningful activity
- Standard 9 highlights that activities are limited to a typical working week, further opportunities are needed on evenings and weekends
- Activity with family, friends and carers will be added to the action plan of the newly created role in West Yorkshire with an outcome to support services to increase opportunities.

### Context

The SeQuIn Tool was coproduced with service users, staff and commissioners from the Yorkshire and Humber Region over a 3+ year period. Input was also given by SALT, Widget software, UCLan and a Website Design Company to create an interactive platform that can benchmark data across services and regions. The aim of the Tool is to upkeep old CQUINs and drive quality improvements in services with the service user and staff voice. The Tool has 12 areas each with 10 to 12 standards. The Tool was piloted in 2020 with some disruption from the Covid-19 Pandemic. Each year standards are chosen that help support services to think creatively where solutions are most needed. One standard is chosen per Quarter, the 2022/23 schedule is as follows:

**Quarter 1: Involvement** (to support systems and processes and involvement strategy in West Yorkshire, drawing on 3 years of data)

**Quarter2: Meaningful Activity** (to support services moving through covid restrictions to mixing of wards, to ensure activity is contemporary and meaningful)

**Quarter 3: Recruitment** (to support conversations and dynamic thinking around recruitment and retention of staff in a period of National crisis)

**Quarter 4: Progress against actions from Q1, 2 & 3** (a co-produced slide to show quality improvement and share good practice)

### Data Collection

The Meaningful Activity standards for completion can be found here: [Meaningful-Activity-Benchmarking-Standards-1.pdf \(yorkshireandhumberinvolvementnetwork.nhs.uk\)](https://yorkshireandhumberinvolvementnetwork.nhs.uk/meaningful-activity-benchmarking-standards-1.pdf)

The Meaningful Activity standards were the first to be reviewed by the standards review committee made up of service users and staff who use the tool, to ensure the standards were relevant post-covid and in a friendly format to use to capture data, evidence and action plans. In West Yorkshire Bretton Centre, Cygnet Bierley, Waterloo Manor and Newhaven have all supported the committee.

Data is captured in a variety of ways from small focus groups, 1:1 paper survey or asking people to score and action plan on tablets. We have encouraged services to collect data in any way that is meaningful and achievable during covid restrictions and staffing pressures, we do acknowledge this is a variable in the data and may have limitations on representation. We are working with services in 2022 to focus on action planning collaboratively and having discussions around quality improvement, as well as capturing the quantitative scores.

Further information on the SeQuIn Tool and its intended implementation can be found here:



SeQuIn Tool  
Slides.pdf

### **2022 Meaningful Activity Data**

All West Yorkshire services completed the Tool in Quarter 2, and all standards were scored for Involvement leading to an average service score as follows:

#### **Overall service scores:**

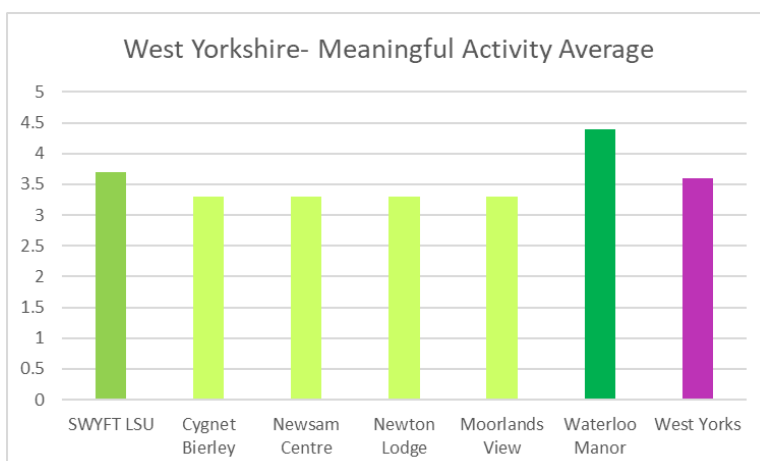
<b>SWYFT LSU</b>	<b>3.7</b>
<b>Cygnets Bierley</b>	<b>3.3</b>
<b>Newsam Centre</b>	<b>3.3</b>
<b>Newton Lodge</b>	<b>3.3</b>
<b>Moorlands View</b>	<b>3.3</b>
<b>Waterloo Manor</b>	<b>4.4</b>
<b>West Yorks</b>	<b>3.6</b>

(Table Q2101)

\*Please note that for 2022 Bretton & Newhaven have combined to offer a SWYFT LSU Score, their action planning and governance structure is also combined in support of this.

All services have scored green overall highlighting the quality of meaningful activity across the region. The lowest average is shared by four services at 3.3 and Waterloo Manor this highest with 4.4 out of 5.

#### **2022 Meaningful Activity Bar Chart:**



(Chart Q2102)

### Service scores broken down into standards:

	MEANINGFUL ACTIVITY STANDARDS	SWYT LSU	Cygnets Bierley	Newsam Centre	Newton Lodge	Moorlands View	Waterloo Manor
1	There are lots of different ward-based activities and resources available for service users to choose from that are pathway stage appropriate (medium/low/rehab)	4	3	2	3	3	5
2	There are a range of modern resources for entertainment that are service user defined and pathway stage appropriate	4	4	3	4	4	5
3	Vocational skills and opportunities to build skills are encouraged and promoted to service users	3	3	3	2	2	5
4	Everyone has an individual meaningful activity plan that has opportunity for social activities, hobbies, and interests	3	2	3	3	3	5
5	There is a good balance between on and off ward activities (where possible)	4	4	3	4	4	4
6	Service users have a variety of opportunities to plan their time	3	5	4	3	5	5
7	Service users have a voice in how activity budgets are spent	4	1	4	5	2	5
8	Service users can do activities with family and friends in the hospital or community	4	1	3	3	2	3
9	Activities and therapy are planned over seven days and not limited to normal working hours	3	2	2	3	4	3
10	There are activities designed and planned around transition to make moving on smoother	4	5	4	3	3	4
11	There are wide variety of technology activities available including online safety	4	5	3	4	4	5
12	There are activities that take place that meet cultural, spiritual, religious and well-being needs	4	5	5	3	4	4
<b>Service Average</b>		<b>3.7</b>	<b>3.3</b>	<b>3.3</b>	<b>3.3</b>	<b>3.3</b>	<b>4.4</b>

(Table Q2103)

Standard 8 is the lowest scoring standard in WY with an average of 2.6 and amber rating.

Standard 8 asks if 'Service users can do activities with family and friends in the hospital or community.' Cygnets Bierley scored Red for this standard and Moorlands View Dark Amber, suggesting this standard is not met at all. Only SWYT LSU rated green on this standard, confident they are meeting it. Waterloo Manor have identified this standard to action.

Standard 9 was the next low scoring standard with an average of 2.8 and amber rating.

Standard 9 asks if 'Activities and therapy are planned over seven days and not limited to normal working hours.' Only Moorlands view rated green in this area, with all other rating amber or dark amber. This reflects the narrative heard from service users and through engagement plan conversations that the majority of activity is offered through the Monday to Friday 9am-5pm period. Service users often reflect that early evening can be a period of struggle and where activity would be welcome. All action plans submitted refer to standard 9 as an improvement opportunity.

Standards 6, 11 and 12 were the highest scoring standards in West Yorkshire at 4.2 out of 5 and green rating. These standards show that there is a variety of opportunities for service users to plan time and activity and that activities meet the needs of individuals. Technology activities have also rated high, which has contrasted with earlier standards specific to technology, suggesting improvements have taken place.

**Provider Collaborative Meaningful Activity Overall Average:**

<b>WEST AVG</b>	<b>3.6</b>
<b>HUMBER AVG</b>	<b>3.1</b>
<b>SOUTH AVG</b>	<b>4.4</b>
<b>Y&amp;H AVG</b>	<b>3.8</b>

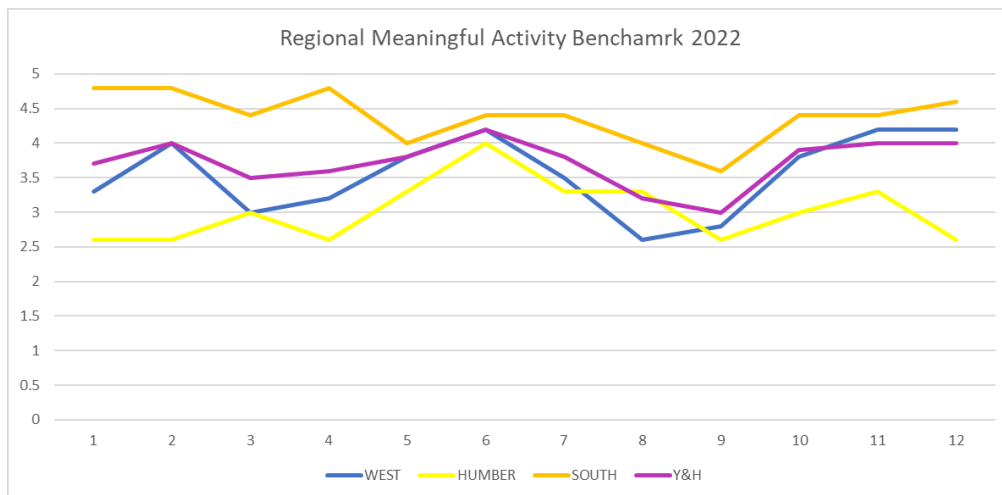
(Table Q2104)

**Provider Collaborative scores broken down to standards:**

	<b>MEANINGFUL ACTIVITY STANDARDS</b>	<b>WEST</b>	<b>HUMBER</b>	<b>SOUTH</b>	<b>Y&amp;H</b>
1	There are lots of different ward-based activities and resources available for service users to choose from that are pathway stage appropriate (medium/low/rehab)	3.3	2.6	4.8	3.7
2	There are a range of modern resources for entertainment that are service user defined and pathway stage appropriate	4	2.6	4.8	4
3	Vocational skills and opportunities to build skills are encouraged and promoted to service users	3	3	4.4	3.5
4	Everyone has an individual meaningful activity plan that has opportunity for social activities, hobbies, and interests	3.2	2.6	4.8	3.6
5	There is a good balance between on and off ward activities (where possible)	3.8	3.3	4	3.8
6	Service users have a variety of opportunities to plan their time	4.2	4	4.4	4.2
7	Service users have a voice in how activity budgets are spent	3.5	3.3	4.4	3.8
8	Service users can do activities with family and friends in the hospital or community	2.6	3.3	4	3.2
9	Activities and therapy are planned over seven days and not limited to normal working hours	2.8	2.6	3.6	3
10	There are activities designed and planned around transition to make moving on smoother	3.8	3	4.4	3.9
11	There are wide variety of technology activities available including online safety	4.2	3.3	4.4	4
12	There are activities that take place that meet cultural, spiritual, religious and well-being needs	4.2	2.6	4.6	4
	<b>Average</b>	<b>3.6</b>	<b>3.1</b>	<b>4.4</b>	<b>3.8</b>

(Table Q2105)

**Regional Meaningful Activity Benchmark 2022:**



(Chart Q2106)

West Yorkshire are benchmarked against Humber & North Yorkshire and South Yorkshire in Chart Q2106. The average Yorkshire and Humber score is also shown for comparison. West Yorkshire scored an overall green RAG score and average of 3.6/5, rating in between HNY and SYB. Standard 9 was the lowest scoring in other Provider Collaboratives also. West Yorkshires score for standard 8 was lowest overall and was significantly lower than SYB with a difference of 1.4. This standard can be added to the 'Carer Experience and Engagement Co-ordinator' action plan, to support meaningful activity with friends, family and carers on visits.

**Action Plan**

We suggest that each service chooses one or two Meaningful Activity standards to focus on as a quality improvement initiative in that year, again in collaboration with service users.

The services have chosen the following standards to action:

SWYFT LSU	3, 9 & 10	To link with trust volunteer services & recovery college. Ward managers to discuss evening and weekend activity opportunities at community meetings. Develop moving on group with SCFT
Cygnets Bierley	-	Evidence uploaded- No action identified
Newsam Centre	1 & 9	Review activity and group timetables- quality and variety on each ward- introduce planning groups. Identify why groups are not happening on evenings and weekends- monitor & escalate.
Newton Lodge	3, 4, 6 & 9	To link with trust volunteer services and recovery college. Explore hobbies for those without S17. Improve comms for what is available e.g., leaflet. 'Recovery through activity' Group.



Moorlands View	-	No plan uploaded, Scores only
Waterloo Manor	8 & 9	Increase activity options for evening and weekends. Buy board games for Carers Room and continue Carer events.

(Table Q2110)

The Yorkshire and Humber Network will track scoring and actions through individual engagement plans and support improvements to be made.

For Q4 the Provider Collaborative have asked to see a presentation from services showing their progress on actions chosen in Q1, 2 & 3.

**Recommendations/ Observations**

- Meaningful activity standards are of a high quality and rated overall green
- Standard 9 highlights that activities are limited to a typical working week, further opportunities are needed on evenings and weekends
- Activity with family, friends and carers will be added to the action plan of the newly created role in West Yorkshire with an outcome to support services to increase opportunities.
- Services to review progress against actions in Q4 and collaboratively present to the PC and share good practice

**Quarter 3**

The ‘standards review committee’ worked on the Recruitment standards in Q2 to ensure that they were relevant and easy to read. The standards are trialling a free text box to encourage sharing of good practice around staff well-being and retention, as well as standards for involvement with recruitment.

Thank you for your continued support of the SeQuIn Tool. Please get in touch for further information.

**Report produced by the Involvement Network- November 2022**